



# Ogontz

## Rules & Regulations

- 1.) **TELEPHONES** – Cell service is extremely limited at Ogontz, though most carriers are able to send text messages. Telephones may be made available for use by your group’s administrators. Please refer to them for instructions. There are many people and few phones so please try to limit your conversations to no more than 10 minutes.
- 2.) **INTERNET** – There is WIFI available for free in the Dining Hall and Green Chair area. Service is limited.
- 3.) **CANDLES** - Candles and other open flames are not allowed in the buildings except in fireplaces.
- 4.) **ELECTRIC APPLIANCES** – May not be used in the cabins. Small appliances may be used in nearby latrines.
- 5.) **QUIET HOURS** - Are from 10pm to 8am in the sleeping areas. Please no tennis or piano playing during quiet hours. Socializing during these hours must be confined to the Dining Hall. Musical instruments and stereos must be off in the Dining Hall after midnight.
- 6.) **SWIMMING** - Is at your own risk. NEVER swim alone. **There is NO swimming after dark.** Please follow your group’s additional swimming rules (i.e. designated times, lifeguard hrs, etc).
- 7.) **BOATING** - The law requires that everyone always wear a life preserver while in any boat. Non-swimmers should not take out boats. All children must be accompanied by appropriate adult supervision. **There is NO boating after dark.**
- 8.) **LODGING** – Please do not change your lodging without consulting your group’s administrators – we need to know where you are in case of an emergency.
- 9.) **FIRST AID** – There is a first aid kit in the Bakery. There is also first aid equipment at the swimming area. There are telephones at both locations and 911 services are available. A full service hospital is located in Littleton only 5 miles from Ogontz. Directions to the hospital are posted in the Bakery, Post Office, and in your cabin’s welcome binder.
- 10.) **DINING** – Ogontz provides high quality meals. We pride ourselves on using whole and fresh ingredients. We may not be able to accommodate all dietary needs, but we will try our best to do so. Please discuss with the kitchen staff.
  - If you require special foods, there is a designated refrigerator in the dining room so that you may keep the foods you need for your particular diet. (Please label what is yours.)
  - We will provide a vegetarian entrée at meals.
  - Please be prompt to all meals. We want to serve the hottest, freshest food possible.
  - Please notify Ogontz of any guest with food allergies. If needed, guests are welcome to come to the Kitchen before each meal to discuss food ingredients.
- 11.) **FOOD in CABINS** - Is not encouraged. If you do choose to keep food, please provide yourself with tins and secure coolers to do so. Food that is not tightly sealed encourages wildlife to join you in your home away from home.
- 12.) **PETS** – ARE NOT ALLOWED. Animals of any kind are an insurance liability for both Ogontz and attending organizations. Also, many people have allergies and adverse reactions to many animals, which can negatively affect their stay with us.
- 13.) **PARKING** – Please only park in the PARKING PASTURE during your stay.
- 14.) **EXITING** - Please clean your cabin before you leave. Garbage can be brought to designated garbage areas. Please do not leave it in your cabins.
  - Each cabin has an instruction list at the back of the welcome binder with the steps for cleaning and leaving it. Please refer to them for further instruction.
- 15.) **LAUNDRY** – While there are no laundry facilities available at Ogontz, Littleton (15 minutes away) has coin operated laundry.
- 16.) **SUTHERLAND STEPS** – Children should not use the stairs that lead from Sutherland to the Ogontz Rd.
- 17.) **SMOKING** - Ogontz is a non-smoking facility. The only place smoking is allowed is outdoors. You are responsible for disposing of your own cigarette butts properly.
- 18.) **LAWS** – We expect all staff and attendees to obey all Federal and State Laws.

Ogontz is a cooperative venture. We keep it going with your support and cooperation. Everyone is expected to do an assigned chore for the length of his or her stay. Please meet with your Chore Captain for specific instruction & leave your job site as you found it.

Post Office & Emergency number: (603) 838 – 5044: This phone is attached to an answering machine.

We suggest you give this number to family and friends as a contact/emergency number.

Ogontz, 14 Ogontz Road, Lyman NH 03585